

Blue Sky Breakfast

Hot off the Griddle

We make our cake batter with real eggs, butter and fresh yogurt; real maple syrup add 1.29

Golden Griddlecakes	6.99	Sweet Potato Pecan Cakes*	8.99
Blueberry Griddlecakes	7.99	Blue Corn Pine Nut Cakes*	8.99
Cranberry Pecan Cakes	8.49	Blue Corn Waffle*	7.99
Blueberry Granola Cakes	8.49	Sweet Potato Pecan Waffle*	7.99
Coconut Pecan Cakes	8.49	French Toast	6.99
Blueberry Pecan Cakes	8.49	Belgian Waffle	6.99

Chipotle Steak and Eggs with Salsa Fresca* 10.99

grilled, sliced tenderloin, Homefries, fresh salsa, avocado, crispy tortilla strips, English muffin

Blue Sky Special*

Eggs, Homefries, bacon or sausage; Griddle Cakes, French Toast, Waffle, or Biscuits & Gravy 8.99

Blue Sky Benedicts

Chipotle Steak Benedict	10.99	Smoked Salmon Benedict	10.49
grilled tenderloin, hollandaise, English muffin		cream cheese, chives, hollandaise, muffin	
California Croissant Benedict	9.99	Farmers Market Benedict	9.99
fresh avocado, tomato, and hollandaise		veggies, cream cheese, croissant, hollandaise	
Classic Eggs Benedict	thick smoked ham, English muffin, hollandaise	9.99	

Big Mama's Breakfast Skillets

Start with a skillet of Homefries, finish with basted eggs & melted Cheddar Jack. English muffin.

Fiesta Chorizo Skillet*	8.99	Smokin' Steak Skillet*	9.99
red pepper, onion, jalapenos, Chili Verde		jalapeno, pepper, onion, chipotle tenderloin	
Farmhand Skillet*	9.49	Rambler	9.49
bacon, ham, sausage, tomato, red pepper, mushrooms, zucchini, onion		chicken, spinach, onions, pecans, hollandaise	
El Hombre Skillet*	8.99	Rainbow Veggie Skillet*	8.99
bacon, tomatoes, onions, chili verde		spinach, tomato, zucchini, mushroom, red pepper, onions	
Red & Green Skillet*	8.99	Country Skillet	8.99
sausage, onions, Chili Verde & Salsa Roja		sausage, onions, peppers, and gravy	

Velvet Scrambles

Scrambled Eggs, Blue Sky Homefries, English Muffin, Roasted Red Pepper Sauce

Spicy Chorizo Scramble*	9.49	Rio Grande Velvet*	8.99
jalapenos, cream cheese, cheddarjack		green chilies, roasted red pepper, cream cheese, chili verde & cheddarjack	
Spinach Scramble*	8.99	Smoked Salmon Velvet*	10.49
bacon, mushroom, cream cheese, cheddar		with onion, red pepper, cream cheese	
Tuscany Scramble*	8.99	Vegan Tofu Veggie Scramble*	9.99
caramelized onions, roasted red pepper, olives, feta, and cream cheese		chili verde, Homefries, avocado & tomato	

*gluten free option available – ask your server (we cannot guarantee gluten free)

Blue Sky Breakfast

On the Lighter Side

Fresh Fruit Ambrosia* 7.49
strawberries, apples, grapes, pineapple,
yogurt, coconut, pecans, drizzle maple syrup
Oatmeal or Our Own Granola 5.99
cranberries, pecans, milk & brown sugar
Croissant Breakfast Sandwich* 6.99
egg, diced bacon, cheese, homefries

Creamy Rice Cereal* 6.99
with coconut, pecans, butter & maple syrup
Berry Berry Fruit Crepes* 6.99
blueberries, strawberries & whipped cream
Griddle Combo* 6.99
two each eggs, bacon, mini griddle cakes
New Wicked Sticky caramel, pecans 2.99

South of the Border

Santa Fe Huevos* 9.49
wheat tortilla, spicy black beans, basted
eggs, chili verde, cheddarjack, roasted red
pepper, caramelized onions, sour cream &
chives, served with Homefries
Huevos Rancheros* 6.99
flour tortilla, eggs, fresh salsa roja & chili
verde, cheddarjack, sour cream and chives

Chili Verde Breakfast Burrito 8.99
eggs, cheese, choice of chorizo, chicken,
sausage, ham or bacon, with chili verde,
salsa roja, sour cream & chives, Homefries
Huevos Motulenos* 9.49
blue corn tortillas, black beans, basted eggs,
chili verde, feta cheese, and chives
with fried bananas and Homefries

Great American Breakfast*

Two eggs; ham steak, bacon, or link sausage; English muffin; Blue Sky Homefries 7.49

French Style Omelettes

Light, fluffy three egg omelettes served with Blue Sky Homefries & English Muffin

High Protein Egg Whites and lighter cheese may be substituted in any Omelette for .99

Red Hot Chorizo Omelette* 9.49
green chillies, jalapenos, onions, cheddarjack
Denver West Omelette* 9.49
bacon, sausage, and ham, with red pepper,
onion, cheddar, sour cream & chives
Southwestern Omelette* 9.49
bacon, tomato, chili verde, & cheddarjack
Smoked Salmon Omelette* 9.99
cream cheese, onion, & sweet red pepper
My Big Fat Greek Omelette* 8.99
basil, tomato, pepper, onions, Feta, olives
Classic Cheese Omelette* 8.99
add Bacon, Ham or Sausage 9.49

Spinach Benedict Omelette 9.49
spinach, tomato, cream cheese, hollandaise
The Matterhorn Omelette* 9.49
spinach, mushrooms, roasted red pepper,
caramelized onions, cheddarjack
Boulder Omelette 9.49
veggie sausage, roasted peppers, chili verde,
salsa roja, cheddarjack and fresh avocado
Avocado Bacon & Cheddar* 9.99
fresh avocado slices, crisp bacon & cheddar
Garden Veggie Omelette* 8.99
spinach, tomato, red pepper, mushrooms,
zucchini, onion, cheddarjack, and avocado

Cottage Cheese for potatoes +.99 ~ Fruit for potatoes +.99 ~ Veggie sausage for meat n/c
Natural Eggs +.99 ~ Egg whites +.99 ~ Tomatoes for Potatoes n/c ~ Tomato & Avocado for
Potatoes & Muffin n/c ~ Tofu for eggs .99 ~ substitute gluten free bread 1.49
WE MAKE EVERY EFFORT TO ASSURE "GLUTEN FREE" BUT WE CANNOT GUARANTEE IT.

Blue Sky Lunch

Blue (Sky) Plate Specials

served with sautéed vegetables, spicy black beans and salsa, potatoes, choice of salad or soup

Chipotle Grilled Chicken*	10.49	Chipotle Grilled Steak*	10.99
Sesame Crusted Salmon*	11.99	Sesame Ginger Tofu*	9.99

Savory Chicken Crepes* sautéed veggies, roasted red pepper sauce, breadstick, potatoes 9.49

Rainbow Garden Salads*

pepper, carrot, cucumber, red cabbage, tomato, pecans, scallions, croutons, breadstick, dipping oil			
Chipotle Tenderloin Steak	10.99	Chipotle Grilled Chicken	10.49
salsa, crispy tortilla strips, spicy chipotle ranch		avocado, crispy tortilla strips, spicy chipotle ranch	
Southwest Blackened Salmon	11.99	Mediterranean Chicken Salad	10.49
pan fried with cumin & chili, creamy ranch		feta, basil, olive tapenade, balsamic vinaigrette	
Sesame Crusted Salmon	11.99	Avocado, Strawberry, Chicken	10.49
pan fried, with avocado lime dressing		citrus marinated chicken, honey lime dressing	
Spinach Salad w/Grilled Chicken	10.49	Creamy Chicken Salad	10.49
strawberries, glazed pecans, cranberries, feta, caramelized onions, balsamic maple vinaigrette		grapes, cranberries, pecans; maple vinaigrette	
Grilled Chicken Salad avocado lime	8.99	Vegan Tofu Salad no bread or croutons	9.99
		cranberries, avocado, pecans, maple vinaigrette	

The Sandwich Board

all sandwiches served with soup, salad, fresh fruit, or criss cross fries

Grown Up Grilled Cheese	Manchego, roasted red pepper, caramelized onions, chives...	8.99
Classic BLT or ALT	on Whole Wheat bacon or avocado lettuce, tomato, garlic mayo...	8.99
Chicken Salad Croissant	our famous chicken salad with grapes, pecans, cranberries...	8.99
Fajita Wrap (steak or chicken)	pepper, onion, salsa, avocado, sour cream, cheese, lettuce...	10.49
Smoked Turkey & Bacon Wrap	salsa, avocado, sour cream, cheese, lettuce...	9.49
Blackened Salmon Wrap	salsa, avocado, sour cream, cheese, lettuce...	11.99
Chicken Salad Wrap	pecans, cranberries, grapes, sweet red pepper, lettuce...	9.49
Jalapeno, Chili Verde & Cheddar Burger	lettuce, tomato, onion, garlic mayo...	9.49
Bacon, Onion, & Cheddarjack Burger	lettuce, tomato, onion, garlic mayo...	9.49
Sauteed Mushroom, Onion, & Swiss Burger	lettuce, tomato, onion, garlic mayo...	9.49
Creamy Chicken Salad Panini*	grapes, pecans, cranberries, swiss, garlic mayo...	9.49
Smoked Turkey Club Panini*	crisp bacon, diced tomatoes, swiss, garlic mayo...	9.49
Mediterranean Turkey Panini*	roasted pepper, caramelized onion, feta, garlic mayo...	9.49
Grilled Steak Croissant Melt*	manchego, caramelized onions, mushrooms, garlic mayo...	10.99
Chipotle Chicken Croissant Melt*	spicy chicken, bacon, cheddarjack, garlic mayo...	10.49
California Chick Croissant Melt*	fresh avocado, crisp bacon, swiss, garlic mayo...	10.49
Veggie Cheddar Croissant Melt*	zucc, mushroom, pepper, carrot, spinach, garlic mayo...	9.49

Blue Sky Juice & Coffee Bar

Fresh Fruit Smoothies

Add protein (egg whites), EFA oil (Udos's Blend), Coconut Oil or Acidophilus .79

Ocean Breeze	4.49	Bahama Mama	4.49
strawberries, pineapple, banana, apple juice		banana, fresh pineapple, orange juice	
Blue Moon	4.49	Black Forest	4.49
pineapple, blueberries, banana, apple juice		Strawberries, chocolate, banana, raspberry syrup	
Berry Berry Blues	4.49	Screaming Banshee	4.49
strawberries, blueberries, banana, yogurt, vanilla		chocolate, peanut butter, milk, banana, vanilla	
Flying Elvis	4.99	Super Green	4.49
chocolate, peanut butter, milk, banana, espresso		Spinach, pineapple, banana, apple juice	

Fresh Juices Made to Order 4.79 / 5.99

Spicy Tomato Pepper Carrot	Pineapple Orange Ginger
Spinach Carrot Tomato Braggs	Strawberry Pineapple Apple
Carrot Apple Ginger	Strawberry Orange
Carrot Orange Ginger	Spinach Grape Apple Ginger
Pineapple Apple Ginger	Lemon Apple Ginger

The Coffee Bar

Cappuccino	3.99	Cinnamon Latte	4.49
espresso, steamed milk with lots of foam		espresso, cinnamon, vanilla, whip cream	
Grande Latte	3.99	Caramel Latte	4.49
espresso and lots of steamed milk		espresso, steamed milk, real caramel, whip cream	
Black & White Mocha	4.49	Almond Joy	4.49
espresso, white and dark chocolate, whip cream		Espresso, steamed milk, white & dark chocolate, almond syrup, whip cream	
Red Velvet Mocha	4.49	Chai Latte	4.49
espresso, white & dark chocolate, raspberry syrup, whip cream		strong, sweet spiced Indian tea & steamed milk	
Snickerdoodle	4.49	Wired Chai	5.49
espresso, chocolate, hazelnut, caramel, whip cream		chai tea and steamed milk, double shot of espresso	

Real Ice Cream Milkshakes

Very Vanilla Shake	4.99	Creamy Chai Shake	4.99
Double Chocolate Shake	4.99	Caramel Milkshake	4.99
Fresh Strawberry Shake	4.99	Banana Dream Shake	4.99
Espresso Milkshake	4.99	Pina Coloda Shake	4.99

Beverages

Fresh Orange & Grapefruit Juice, Apple Juice, Tomato Juice, Cranberry Juice~2.99/ 3.99

Organic Coffee & Decaf	2.69	Iced Tea, Soda	2.79	Chocolate Milk	2.79/3.99
Organic Flavored Coffee	2.69	Fresh Lemonade	3.99	Hot Chocolate	2.79/3.99
Gourmet Hot Tea	2.99			Cold Milk	2.59/3.79

Welcome to Blue Sky Café.

We are dedicated to offering the freshest, most natural ingredients; the freshest fruits and vegetables available, natural chicken, turkey, ham, and bacon (no nitrates, preservatives, fillers, antibiotics or hormones) and healthy fats and oils (olive oil, canola oil, pure butter.)

We offer a variety of gluten free choices; our sauces, soups, and dressings are homemade and gluten-free. We recycle as much as possible, use biodegradable carry out containers, and energy efficient lighting. We believe our business practices should reflect our personal values: take care of each other, take care of our

*environment, offer fresh food made with love
and service from the heart.*